

## Things you need to do if you are a gay man wanting PEP.

PEP can be given at sexual health clinics, HIV clinics or hospital Accident & Emergency (A&E) departments. Wherever you end up going, if you want to be considered for PEP print this page out and take it with you. This should help you to be understood, especially if dealing with staff who might not be fully aware of what PEP is.

*Download this page and take it with you to a hospital or GUM/HIV clinic.*

### *Step 1*

If it's during office hours phone your local sexual health (GUM) clinic or HIV clinic and say you urgently need to speak to a nurse or health adviser. Say you think you've been exposed to HIV and want to talk about being given PEP. Get the name of whoever you speak to so you can mention this person when you go to the clinic later.

If it's evening or the weekend sexual health (GUM) clinics and HIV clinics are not likely to be open. Instead you'll need to go to an Accident & Emergency (A&E) department of a local hospital. If possible try an A&E that is part of a hospital with its own HIV services. It should be easier to get PEP there than at an A&E not linked to an HIV ward or clinic.

### *Step 2*

Whether you go to a sexual health clinic, HIV clinic or A&E department you should go to the reception and explain you want to see someone urgently about PEP. Say you've already spoken to someone on the phone (if you have). If you haven't, tell reception staff that you think you've been exposed to HIV and you want to speak to a nurse or health adviser about being given PEP. Be persistent about needing to see someone quickly - don't agree to come back later as that might be too late for PEP to be of any use to you.

### *Step 3*

If you're at an A&E that's part of a hospital with its own HIV services ward or HIV clinic and A&E staff aren't sure who to contact advise them to call the 'on-duty HIV registrar'.

### *Step 4*

When you get to see a doctor, nurse or health adviser tell them you want PEP, giving details of when the sex took place and what sexual acts happened. They will ask you more questions and based on your answers will decide if you meet the guidelines that decide when PEP is given. Before getting PEP you will have to agree to having an HIV test to make sure you haven't already been infected with HIV in the past.

*Remember, PEP isn't 'available on demand' to everyone who asks for it. If PEP is available a doctor will decide whether to prescribe it based on the information you give them.*